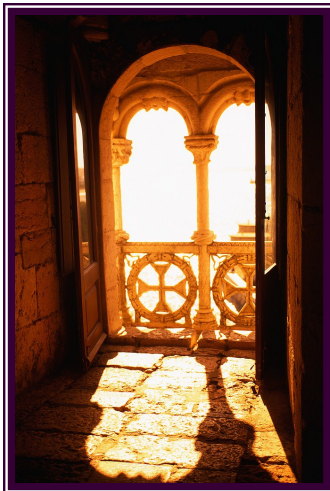


Bereavement

Craven County Health Department Hospice Bereavement Services include:

- Phone Calls
- Care Notes
- Anniversary & Birthday Notes
- Social Work Visits
- Chaplain Visits
- Bereavement Volunteer Visits
- Memorial Service
- "Getting Through the Holidays" Seminar
- Bereavement Support Groups



CRAVEN COUNTY HEALTH DEPARTMENT HOME HEALTH-HOSPICE

2818 Neuse Blvd
PO Box 12610
New Bern, NC 28561

Ashley Williams, MSW
Phone: 636-4930



2013 Bereavement Support Group

Peace, Comfort, Dignity

Craven County Health Department Home Health-Hospice



Bereavement Support Group

The bereavement support group is a six-week long program that offers education, guidance and support related to the stages of grief.

Grief is a part of the natural life cycle. We will all, at one point in our lives, experience grief. In our support group we will create an environment where participants' feelings are validated as normal and worthy of expression.



Our hope is that, as participants interact with each other, they can feel supported and come to the realization that they will survive this loss. We know that there is power in naming the feelings that go with grief, but that is only half the work. As you participate in the group, you will be able to reconnect with your strengths and walk away knowing that you have the tools needed to survive and heal through this loss.

First Session

Feb. 19	10:30 am	McCarthy Ct Apts.
Feb. 26	10:30 am	McCarthy Ct Apts.
Mar. 5	10:30 am	McCarthy Ct Apts.
Mar. 12	10:30 am	McCarthy Ct Apts.
Mar. 19	10:30 am	McCarthy Ct Apts.
Mar. 26	10:30 am	McCarthy Ct Apts.

Second Session

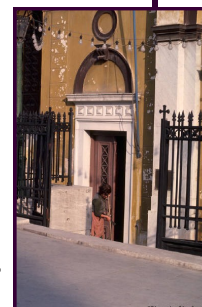
June 18	10:30 am	McCarthy Ct Apts.
June 25	10:30 am	McCarthy Ct Apts.
July 2	10:30 am	McCarthy Ct Apts.
July 9	10:30 am	McCarthy Ct Apts.
July 16	10:30 am	McCarthy Ct Apts.
July 23	10:30 am	McCarthy Ct Apts.

Third Session

Sept. 10	10:30 am	McCarthy Ct Apts.
Sept. 17	10:30 am	McCarthy Ct Apts.
Sept. 24	10:30 am	McCarthy Ct Apts.
Oct. 1	10:30 am	McCarthy Ct Apts.
Oct. 8	10:30 am	McCarthy Ct Apts.
Oct. 15	10:30 am	McCarthy Ct Apts.

Each session will be held at:
McCarthy Court Apartments
1321 McCarthy Blvd.
New Bern, NC 28562

There are three independent support group sessions scheduled for 2013 in order to accommodate as many as possible and keep group sessions small. Each session will be held at McCarthy Court Apartments on McCarthy Blvd. Please plan on registering in advance as space is limited. We strongly suggest that you attend all of the all meetings in the session in order to get the most benefit from it.



All sessions will be facilitated by the Craven County Health Department Hospice Social Worker or Chaplain and are open to the public.

FOR MORE INFORMATION PLEASE CONTACT:
**CRAVEN COUNTY HEALTH
DEPARTMENT
HOME HEALTH-HOSPICE**

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